

## **Nicole's Orange Chicken**

From Nicole Cottam, Behavioral Services Coordinator, Foster Hospital,  
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*Here's my recipe for orange chicken (or orange tofu for those of us who are vegetarians). I dig recipes that are 5 ingredients or less.*

Whisk together:

- 1/4 cup of teriyaki marinade
- 1/4 cup of sesame oil
- 2 tbsp. of honey
- 2 tbsp. of vinegar
- 1 tsp. of orange peel slice

Use as a marinade or toss it in the frying pan for a stir-fry.